

---

## **Recognitions and Acknowledgements**

*Moving South Carolina Towards a Healthy Weight* is the result of many individuals and organizations that have devoted their time and effort to this endeavor and the framework could not have happened without the hard work and commitment displayed by the Advisory Council and Stakeholders. All of our partners, working as members of Work Groups representing various settings and many organizations, provided input through Work Group and Advisory Council meetings.

Many special thanks to the following people and organizations for their dedication in preparing this framework for action.

### ***Advisory Council:***

**Phyllis Allen, MPH, RD**

Director  
SC DHEC Office of Public Health, Nutrition

**Pete Bailey, MPH**

Chief  
Office of Research and Statistics  
Health and Demographics

**Susan F. Barefoot, PhD**

COO Experiment Station/Associate Dean  
Food Safety & Nutrition  
Clemson - Public Service Activities

**Mike Byrd, PhD, MPH**

Director  
SC DHEC Bureau of Community Health  
& Chronic Disease Prevention

**Diane Conte, MSPH**

Manager  
Prevention Partners  
Employee Insurance Program

**Melissa Henshaw, MD**

Assistant Professor  
MUSC Pediatric Cardiology

**M. Melanie, "Bz" Giese, RN, BSN**

Bureau Chief  
SC DHHS - Health Services

**Lynn Hammond, MPH, CHES**

Director  
SC Dept. of Education  
SC Healthy Schools

**Steve Hooker, PhD**

Director  
USC Arnold School of Public Health  
Prevention Research Center

**Jessica Johnston, MPH**

Supervisor  
Companion Health Care  
Health & Disease Management

**Candace Jones, MPH, RD**

Assistant to the MCH Bureau Director  
SC DHEC MCH Bureau

**Susan Kayman, DrPH, RD**

Deputy Director  
USC Arnold School of Public Health  
Center for Research in Nutrition  
& Health Disparities

**Harvey R. Mathias**

Director  
Municipal Association Of SC  
Risk Management Services

**Patrick O'Neil, PhD**

Director  
Medical University of SC  
Weight Management Center

**Matt Petrofes, MBA**

Health Director  
SC DHEC Low Country Public Health  
District/Region VIII



---

**Gardenia Ruff, MSW**

Director  
SC DHEC Office of Minority Health

**Vivian B. Pilant, PhD, RD**

Director  
SC Dept. of Education - Office of School  
Food Services & Nutrition

**Dennis Shepard, MAT, CHES**

Vice Chair, South Carolina Governor's  
Council on Physical Fitness  
Project Manager, YMCA of the USA

**Amy Splittgerber, M.Ed.**

Executive Director  
SC Coalition for Promoting Physical Activity

**Rosetta Swinton, RN, BSN**

Parish Nurse/Director of Health  
MUSC – Healthy-e-AME Program

**R. Caughman Taylor, MD**

President of SCAAP  
Program Director - USC Dept. Pediatrics

**Nancy Thorne**

Director of Advocacy  
American Heart Association

**Lavell Thornton, MPH, CHES**

Director  
SC DHEC Office of Public Health  
Education

**Lisa Waddell, MD, MPH**

Health Services Deputy Commissioner  
SC DHEC Health Services

**Lathran Woodard**

Executive Director  
SC Primary Health Care Association

**Cynthia Youmans, PhD, MD, MPH**

Medical Consultant  
SC DHEC Cardiovascular  
Health/Obesity Division

**Dan Young**

Executive Director  
SC Alliance for Health, Recreation,  
and Dance

**\*\* Juanita Bowens-Seabrook, PhD, RD**

Education Associate  
SC Dept. of Education  
School Food Services & Nutrition

**\*\* Joyce Eaker**

Program Manager  
DHHS - Division of Care Management

**\*\* Rita Jefferson, MSA**

Health Disparities Consultant  
SC DHEC Office of Minority Health

**\*\* Marga McKee, M.Div**

Health Center Development Coordinator  
SC Primary Health Care Association

**\*\* alternate Advisory Council members**

**Stakeholders:**

**Edna Page Anderson, PhD**

Educational Consultant  
SC Dept. of Education (Retired)  
School Food Services & Nutrition

**Nanette Armstrong, BA**

Director of Client Services  
Plan Benefits Services, Inc.

**Lisa Baker, MS, RD**

State Breastfeeding Coordinator  
SC DHEC Div. Of WIC Services

**Patrick Bresnan**

Health Educator  
SC DHEC Pee Dee Public Health District

**Donna Bundrick**

Marketing Specialist  
SC Dept. of Agriculture

**Michelle Bursin, PhD**

Educator  
Providence Hospital

**Katherine Cason, PhD, RD**

Professor  
Clemson University—Dept. of Food Science  
& Human Nutrition & Expanded Food &  
Nutrition Education Program



**Annette Cook, MPH, CHES**  
Health Educator II  
SC DHEC Wateree Health District,  
Community Based

**Barbara Cuevas**  
Exercise Specialist  
Palmetto Health Baptist  
Weight Management Center

**Myra C. Cunningham**  
Director of Agency Relations  
Harvest Hope Food Bank

**Jay Daniels, MPH**  
Executive Director/Physical Activity  
Consultant  
Governor's Council on Physical Activity  
SC DHEC Bureau of Community Health  
& Chronic Disease Prevention

**Ifeanyi N. Emenike, M.Sc.**  
Professor of Health Education  
Benedict College

**Regina M. Fields, MS, CHES**  
Comprehensive Health Education  
Training Director  
SC Dept. of Education – SC Healthy  
Schools

**Angela P. Forbes, MS, RD**  
County Extension Agent  
Clemson University - Cooperative Extension  
Service - Food, Nutrition & Food Safety

**Mandy Frost, MS, RD**  
International Board Certified Lactation  
Consultant  
Greenville Hospital

**Karen Graham, MS, CHES**  
Health Educator  
SC DHEC Appalachia III District  
State Training Coordinator  
Color Me Healthy

**James E. Headley, CPRP**  
Executive Director  
SC Recreation & Parks Association

**Rhonda L. Hill, PhD, CHES**  
Division Director  
SC DHEC Diabetes Prevention  
and Control Program

**Cheryl Johnson, MBA**  
Executive Director  
United Way of the Midlands  
Health & Recovery Community Council

**Sandy Kammermann, MS**  
Asst. Professor of Education & Research  
Director  
USC School of Medicine  
Family & Preventative Medicine  
John A. Martin Primary Health Care Center

**Dean Kubacz**  
Co-Owner  
Free To Be Healthy

**James N. Laditka, DA, PhD, MPA**  
Research Assistant Professor  
Director Research Office for the  
Study of Aging  
USC - Arnold School of Public Health  
Epidemiology & Biostatistics

**Barbara Hoover Lupo**  
Food Safety Nutrition Extension Educator  
Clemson University Extension Service

**Benjamin Madden**  
Coordinator of Food Services  
School District 5 of Lexington  
& Richland Counties  
Office of Nutrition & School Food Services

**Dory Masters**  
Division Director  
SC DHEC Division of  
Cardiovascular Health

**Madge McNaboe, BS**  
Human Nutrition Coordinator  
Ft. Jackson Child & Youth Services

**Valerie Meador, MS, RD**  
Director  
Doclink

**Brenda Murray**  
CEO/Director  
Fitness For All

**Sandra M. Norcross, RN**  
Health Promotion Coordinator  
Moncrief Army Hospital  
Army Community Health

**Nancy Olson, MPH**  
Health Program Administrator  
Palmetto Project Statewide



**Debra Petitpain, MS, RD**  
Heart Health Coordinator & Dietitian  
MUSC Children's Hospital - Heart Health  
Pediatric Weight Management Program

**Delores M. Pluto, PhD**  
Associate Director  
USC Prevention Research Center

**Sara M. Price, MBA, MHA**  
Cardiovascular Health Educator  
SC DHEC Pee Dee Public Health District

**Stacey B. Price, MLT (ASCP), BHS**  
Fitness Instructor, Laboratory Technologist  
FitLife - Colleton Medical Center; COACH

**Jeffrey Robinson**  
Senior Specialty Sales Associate  
Aventis Pharmaceuticals

**Dorothy R. Ryan, RD**  
Program Coordinator & Liaison  
Southeast United Dairy Industry Assoc.  
SC Action for Health Kids Team

**Lisa Scott**  
Program Manager  
Health Fitness Corporation  
GE Energy Corporate Fitness  
Program in Greenville

**Anne A. Shissias**  
Health & Wellness Manager  
Municipal Association of SC - SC Local  
Government Assurance Group

**Sandra Spann, MS, RD**  
Dietetic Internship Director  
SC DHEC Health Services  
Office of Nutrition

**Cheryl H. Stone**  
Program Coordinator  
Lt. Governor's Office on Aging  
Health, Wellness & Nutrition

**Tiffany Sullivan, MPH**  
Director  
Palmetto Health  
Office of Community Services

**Shandra Taylor**  
State Outreach Coordinator  
Family Connections of South Carolina

**Barbara Thomas, RD**  
District Director  
Nutrition & WIC  
SC DHEC Appalachia III Health District

**Lynn Thomas, DrPH, RD**  
Assistant Dean for Preclinical Curriculum  
USC School of Medicine  
Office of Curricular Affairs & Faculty Support

**Shirley M. Timmons, PhD**  
Associate Program Director  
Clemson University - EXPORT Center

**Ann Weldon, PAHM**  
Compliance/Privacy Official  
Companion Health Care

**Allison Whitman**  
Exercise Physiologist  
Abbeville Country Memorial - The Wellness  
Center/Healthstyles Fitness

**Joyce B. Winkler, RN, MPH**  
Nurse Consultant  
SC DHEC Division of  
Cardiovascular Health

**Patricia Wolman, EdD, RD**  
Professor & Chair of Human Nutrition  
Winthrop University  
Department of Human Nutrition

### ***DHEC—Bureau of Community Health & Chronic Disease Prevention—Evaluation Team:***

**Khosrow Heidari, MA, MS**  
Director  
SC DHEC Office of Chronic Disease  
Epidemiology

**Patsy Myers, DrPH**  
Perinatal Epidemiologist  
SC DHEC – Office of Chronic Disease  
Epidemiology

**Joel E. Williams, PhD**  
Program Evaluator  
SC DHEC Bureau of Community Health  
& Chronic Disease Prevention

**Praphul Joshi, PhD**  
Program Evaluator  
SC DHEC Bureau of Community Health  
& Chronic Disease Prevention



---

**Camelia Vitoc, MD, MSPH**  
Program Evaluator  
SC DHEC Bureau of Community Health &  
Chronic Disease Prevention

***Our special thanks go to:***

**Dennis Shepard, MAT**  
Vice Chair; Project Manager  
Governor's Council on Physical Fitness; YMCA of USA

**Fran Wheeler, PhD**  
Senior Program Consultant  
Chronic Disease Directors

**Dave Murday, PhD**  
Assistant Director  
USC School of Public Health  
Center for Health Services & Policy Research

***DHEC – Division of  
Obesity Prevention and Control:***

**Erika G. Kirby, MBA, RD**  
Director  
SC DHEC Division of Obesity Prevention & Control

**Teresa Hill, MS, RD**  
Nutrition Coordinator  
SC DHEC Division of Obesity Prevention & Control

**Jill Pfankuch, MS, CHES**  
Physical Activity Coordinator  
SC DHEC Division of Obesity Prevention & Control

**Mary Kay Face**  
Administrative Assistant  
SC DHEC Division of Obesity Prevention & Control

